



CERTIFICATE OF PARTICIPATION

This is to certify that

Thor Normann

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 03:59:13

PACE 05:40/km
OVERALL 110 of 834

GENDER 89 of 563
**SENIOR (20- 59 of 291
39)**



08 July 2023, Sat

Date

BoutTime

Signature

